

ACCESSIBLE GARDENING

From Home

No garden? No problem! You can re-grow kitchen scraps from your healthy homemade meals with just water and a sunshiny spot on the counter! Follow along with this guide.



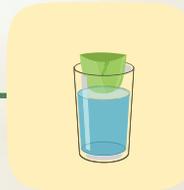
Celery

Start with a clean, uncut stalk



Chop

Cut off the base of the stalk and set aside



Plant

Put the base in a clean cup of water



Grow

Keep water clean and watch it grow!



Basil

Start with a clean bunch of basil



Chop

Remove all leaves but the top few



Plant

Put the bunch in a clean cup of water



Grow

Keep water clean and watch it grow!



Green Onions

Start with a clean bunch of onions



Chop

Cut off the bulb of and set aside



Plant

Put the bulb in a clean cup of water



Grow

Keep water clean and watch it grow!



Lettuce

Start with a clean head of lettuce.



Chop

Cut off the base and set aside



Plant

Put the base in a clean cup of water



Grow

Keep water clean and watch it grow!