As a National Center on Health Promotion for People with Disabilities funded through CDC-NCBDDD, NCHPAD works to improve the health, wellness, and quality of life of people with disability. NCHPAD supports local, state and national organizations in adopting guidelines, recommendations and adaptations that promote the inclusion of children and adults with disability in public health practices. NCHPAD provides individualized information, referral and consultation services to people with disability, families, caregivers, policymakers, community members, health care practitioners and public health professionals through an array of web-based materials and health communication endeavors. Specifically, NCHPAD’s goal is to develop the infrastructure to support the accessibility and inclusion of people with disability in existing and future public health promotion programs geared toward improving their physical activity, nutrition and healthy weight management.

Key Activities:

- Identify models, programs, practices, and policies that have been shown to work, and adapt them for children and adults with disability.
- Develop customized training materials to teach partners about the tools and resources that accommodate people with disability and advance inclusion.
- Help local providers implement adaptations to their existing programs, practices, strategies, and services.
- Expand and publicize resources and best practices related to inclusive physical activity, nutrition, and obesity prevention strategies in community settings.

To view more resources and services which can benefit all ages and populations, connect with us:

www.nchpad.org  email@nchpad.org  1-800-900-8086

Follow us on these social media platforms: