

# New Research Opportunity!



The Exercise Neuroscience Research Laboratory at the University of Alabama, Birmingham invites you to participate in a voluntary study of health behaviors in adults with multiple sclerosis who use wheelchairs.

## What will I do?

- You will be sent an activity monitor to wear for a period of 7 days and links to questionnaires to complete over the 7 days.

## Why is this research important?

- Very little is known about health behaviors and the impact on symptoms in adults with MS who use wheelchairs.

## What's in it for me?

- You will be helping others by contributing to ongoing MS research.

## Will I be compensated for my time?

- Yes! You will receive \$25 for participation.

## Eligibility

- Diagnosis of multiple sclerosis
- Use of a wheelchair  $\geq 50\%$  of the day
- Willingness to complete questionnaires, wear the accelerometer, and return it in a pre-paid envelope via the U.S. Postal Service
- Internet Access

\*\*\*For more information, contact Stephanie by telephone: (205) 975 1306 or email: enrl@uabmc.edu\*\*\*  
(PIs: Dr. Robert Motl & Dr. Stephanie Silveira)