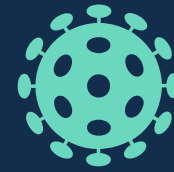


How to Clean Adapted Equipment during COVID-19



Importance of Cleaning during COVID-19

Today, more than ever, it is essential to clean equipment after each use. The Centers for Disease Control and Prevention (CDC) and Environmental Protection Agency (EPA) have released proper cleaning recommendations and a list of approved cleaning products known to kill the Human Coronavirus. It is important to follow the correct guidelines to kill any harmful germs and bacteria, while at the same time, not damage the equipment. When these products are unavailable, soap and warm water can be used to disinfect. Below are suggested methods for cleaning wheelchairs and other adapted equipment.

Metal Surfaces

Example: wheelchair frames, electronics, handrims

Suggested Cleaning Product: Oxivere, Virex, or Lysol/Clorox Disinfecting Wipes

Cleaning Method:

Spray directly onto the surface, wait 30 seconds, wipe clean.

When cleaning electronics lightly, spray or use a wipe. Do not over saturate.

Rubber Surfaces

Example: tires on everyday chairs or bikes. These surfaces not only touch the ground but are touched during transfers.

Suggested Cleaning Product: Oxivere, Virex, or Lysol/Clorox Disinfecting Wipes

Cleaning Method:

Spray directly onto the surface, wait 30 seconds, and wipe clean.

Upholstery

Example: porous, mesh, cushions, or backrest

Suggested Cleaning Product: Pure and Clean or laundry detergent on a warm wash cycle

Cleaning Method:

Spray directly onto the surface, wait 30 seconds, and wipe clean. Do NOT over saturate as upholstery takes a while to dry.

Other Adapted Equipment

Ace bandages, core wraps, and active hands should be washed after each use. If unable to wash between uses, use Pure and Clean or other EPA approved cleaning agent.

Helmets should be cleaned using a three-bucket cleaning system: warm water - soapy water - new warm water.

Leather sport balls should be cleaned with BTC 2125 M 10% Solution or Clorox disinfecting wipes. Leather can be dried out from cleaning product, so it is suggested to use a leather conditioner to prolong the life of equipment.

Wear and Tear

Over time, these surfaces will breakdown, some faster than others, when exposed to certain cleaning agents. Consider cleaning all surfaces with a clean towel, soap, and warm water a couple of times a week to rid the surfaces of chemicals.

